

# DOJANG Wien Taekwondo Training

Saison 2025/26 - Stundenplan



| Uhrzeit       | Montag                                                          | Dienstag                                          | Mittwoch                                         | Donnerstag                                        | Freitag | Samstag                                 | Sonntag                                      |
|---------------|-----------------------------------------------------------------|---------------------------------------------------|--------------------------------------------------|---------------------------------------------------|---------|-----------------------------------------|----------------------------------------------|
| 10:00 - 12:00 |                                                                 |                                                   |                                                  |                                                   |         | <b>POOMSAE</b><br>Kadertraining<br>1030 | <b>TAEKWONDO</b><br>Athletiktraining<br>1120 |
| 14:00 - 16:00 |                                                                 |                                                   |                                                  |                                                   |         |                                         |                                              |
| 16:00 - 17:00 |                                                                 |                                                   |                                                  |                                                   |         |                                         |                                              |
| 16:30 - 18:30 |                                                                 |                                                   |                                                  |                                                   |         |                                         |                                              |
| 18:00 - 19:00 | <b>KYORUGI</b><br>Kadertraining<br>DOJANG 1190<br>(18:00-21:00) | <b>TAEKWONDO</b><br>Kinder/Jugend<br>DOJANG 1180  | <b>TAEKWONDO</b><br>Kinder/Jugend<br>DOJANG 1190 | <b>TAEKWONDO</b><br>Kinder/Jugend<br>DOJANG 1180  |         |                                         |                                              |
| 19:00 - 21:00 | <b>POOMSAE</b><br>Kadertraining<br>DOJANG 1190<br>(18:00-21:00) | <b>TAEKWONDO</b><br>für Erwachsene<br>DOJANG 1180 | <b>KYORUGI</b><br><b>POOMSAE</b><br>DOJANG 1190  | <b>TAEKWONDO</b><br>für Erwachsene<br>DOJANG 1180 |         |                                         |                                              |